

**Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581204.**

To,
The principal
GNWS Arts and Commerce First Grade College
Kalaghatgi.

Sub: "Request for Permission to Organize Special Guest Lecture on
Mental health and Prevention of suicide"

Dear Sir,

N.S.S, Red Cross, Anti Raging Unit have planned to organize Special lecture on Mental health and Prevention of suicide on 7/01/2026 at 12:00 pm. This lecture aims to provide valuable insights into the importance of Mental health and prevention of suicide. We kindly request your approval and support this endeavour.

Thanking you,


(S.B. Hebballimath)

Date: 06/01/2026
Place: Kalghatagi


(M.B. Ullegadda)

Permitted

06/01/26


6/1/26

Co-Ordinator

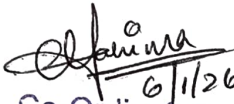
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Good News Welfare Society's Arts & Commerce
First Grade College Kalaghatgi-581204

**Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581204.**

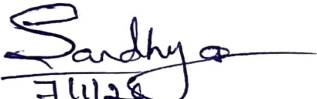
Notice to Student

N.S.S, Red Cross, Anti Raging Unit organized a Special Guest
Lecture on Mental health and Prevention of suicide on 07-01-2026 at 12:00 pm.
Therefore, all the students are hereby informed to attend the same without fail.

Date: 06/01/2026


6/1/26
Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Art & Commerce
First Grade College, Kalaghatgi-581204


Principal
PRINCIPAL 06/01/26
Good News Welfare Society's
Arts & Commerce First Grade College
KALGHATGI - 581 204


7/1/26
Abhaya
6-1-26


2/1/26


6-1-26 B. Com. Dept.


6/1/26


6/1/26.

Good News Welfare Society's
Arts & Commerce First Grade College
Kalaghatgi-581 204.

IQAC Initiative...

NSS Unit, Red Cross Unit, Anti Raging Unit

Organizes

Special Lecture

On

Mental Health and Prevention of Suicide

Resource Person : Shri. S.N.Kattimani

Department of Sociology

GNWS Arts and Commerce First Grade College, Kalaghatgi

Chief Guest : Shri. Paramanand Dundi

President : Dr. M.D.Horakeri

Principal, GNWS Arts and Commerce First
Grade College, Kalaghatgi

Presence : Smt. Mahima Dhupad
IQAC- Coordinator

7th January, 2026

Time: 12-00 pm.

Hall No: 2

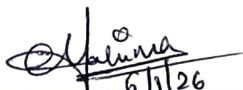
Welcome to All


S.B.Hebballimath & M.B.Ullagaddi

Organizing Secretary

Dr.M.D.Horakeri

Principal


Co-Ordinator


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Good News Welfare Society's
Arts & Commerce First Grade College Kalaghatgi-581 204.
IQAC Initiative...
NSS Unit, Red Cross Unit, Anti Raging Unit

Organizes
Special Lecture on
Mental Health and Prevention of Suicide
Date: 07-01-2026 Time: 12.00pm Venue: Hall No.2

Agenda

Sl. No.	Item	Performed by	Time allotted
1	Prayer	Kumar. Shivanand Badiger	3 Minutes
2	Welcome Speech	Shri. M.B.Ullagaddi	5 Minutes
3	Resource Person	Shri. S. N. Kattimani Dept. of Sociology GNWS Arts and Commerce First Grade College, Kalaghatgi	
3	Chief Guest Speech	Shri. Paramanand Dhundi GFGC, Yellapur	40 Minutes
4	Presidential Remarks	Dr. M. D. Horakeri Principal Good News Welfare Society's Arts & Commerce First Grade College Kalaghatgi	3 Minutes
5	Vote of Thanks	Shri. Shashidhar Hebbalimath	2 Minutes
National Anthem			
Hosting - Tanuja Harijan			


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Report on Special Lecture on Mental Health and Prevention of Suicide

Good News Welfare Society's Arts & Commerce First Grade College, Kalaghatgi, under the **IQAC initiative**, in collaboration with the **NSS Unit, Red Cross Unit, and Anti-Ragging Unit**, organized a **Special Lecture on "Mental Health and Prevention of Suicide"** on **07 January 2026 at 12.00 PM** in **Hall No. 2**.

The programme commenced with a **prayer** rendered by *Kumar Shivanand Badiger*. *Shri M. B. Ullagaddi* delivered the **welcome address**, highlighting the importance of mental health awareness among students. The session was enriched by the presence of the **resource person**, *Shri S. N. Kattimani*, Department of Sociology, GNWS Arts and Commerce First Grade College, Kalaghatgi.

The **Chief Guest**, *Shri Paramanand Dhundi*, GFGC, Yellapur, delivered an insightful speech emphasizing mental well-being, stress management, and the importance of early intervention to prevent suicide. His address created awareness and encouraged students to seek help without hesitation.

The programme was presided over by *Dr. M. D. Horakeri*, Principal, GNWS Arts & Commerce First Grade College, Kalaghatgi, who gave his **presidential remarks**, stressing the role of educational institutions in promoting mental health support systems. The programme concluded with a **vote of thanks** by *Shri Shashidhar Hebbalimath*. The session was smoothly **hosted by Tanuja Harijan** and ended with the **National Anthem**.

The programme was informative and beneficial, creating awareness about mental health and preventive measures against suicide among students and staff.


6/1/26

Co-Ordinator

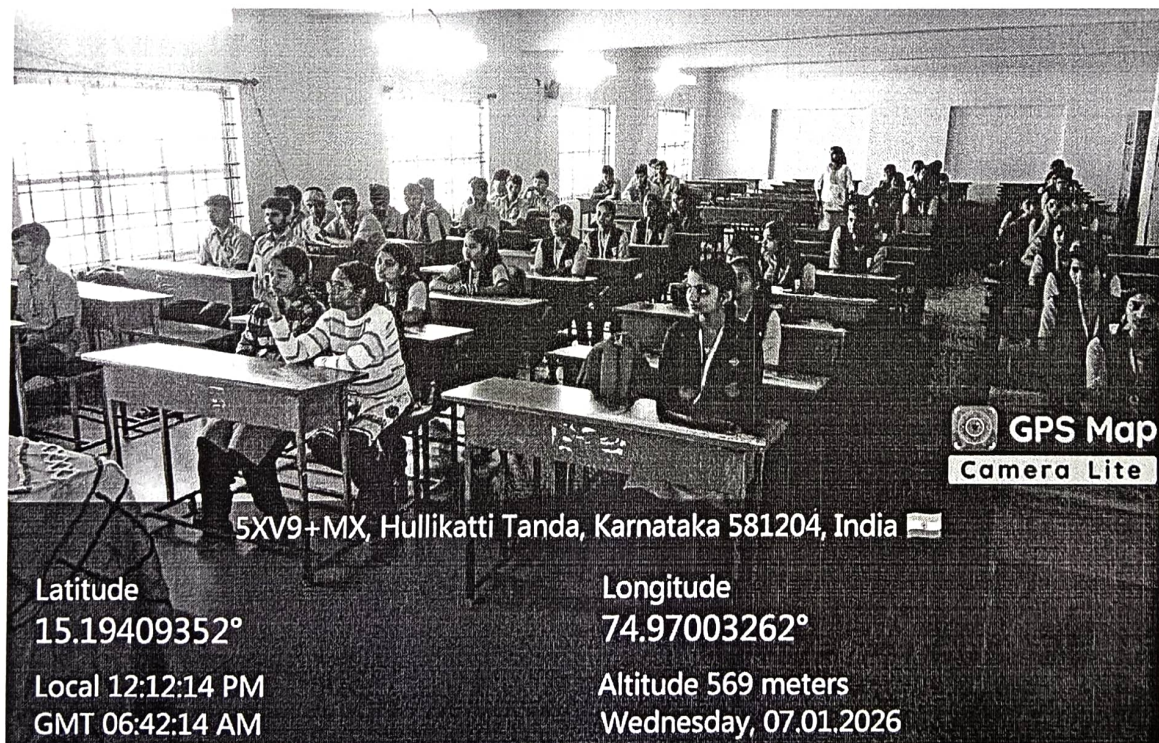
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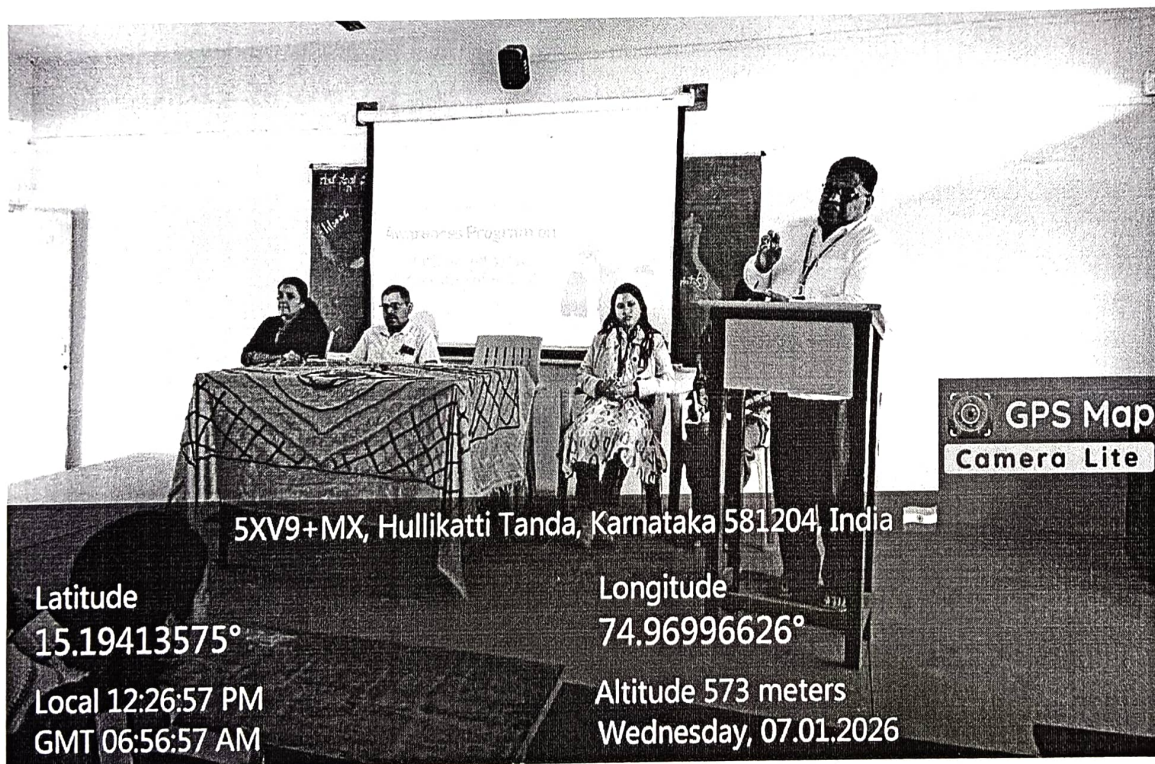
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KALAGHATGI-581204

Mental Health and Prevention of Suicide



Shamika
6/1/26
Co-Ordinator
Internal Quality Assurance Cell
Good News Welfare Society's Arts & Commerce
First Grade College, Kalaghatgi-581204

Principals
7/1/26
PRINCIPAL
Good News Welfare Society's
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KALGHATGI - 581 204



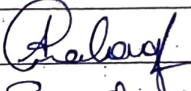
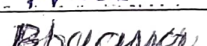
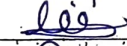
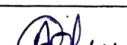
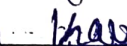
afalina
6/1/26
Co-Ordinator
Internal Quality Assurance
Good News Welfare Society's Arts & Commerce
First Grade College, Kalaghatgi, 581204

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KALAGHATGI - 581 204

GOOD NEWS WELFARE SOCIETY'S
ARTS AND COMMERCE FIRST GRADE COLLEGE KALAGHATGI- 581204

EVENT	Mental Health and prevention of Suicide
ORGANIZED BY	NSS Unit, Red Cross Unit, Anti Raging Unit
DATE	07/10/2026

STUDENT SIGNATURE LIST

S. NO	STUDENT NAME	CLASS	SIGNATURE
1	Sovita .M. Pusadannavar	B.com I st year	
2	Arati .A. Tahashildar		
3	Ashwini .c. malagi	BA 1 st sem	
4	Souandarya . S. malkar	BA I st sem	
5	Pavitra .K. Tahashildar	B.com I st sem	
6	Manjula F Haripranakalli	B.A I st sem	
7	Annapurna Kere math	B.A st sem	
8	Bhagya A Patkar	B.com I st sem	
9	Sahar B. Nithaiyar	B.com I st Sem	
10	Laxmi .I. Suraginath	B.A. III rd sem	
11	Rajeshwari .P. Kattiman	"	
12	Manjula. Hubble	B.A II nd sem	
13	Pavitra. Byahatti	"	
14	Soubhagya Hubble	"	
15	Sivamona . S.	"	
16	Megha. Sali	"	
17	Ashwini B. Chikkamath	B.com III rd sem	
18	Pooja. Telaginamani	"	
19	Savitri .I. Rangapur	"	
20	Kavari, M. Kanteppanavar	B.A I st sem	
21	Ashwini .A. Bhajantoli	B.A 1 st sem	
22	Pavitra .S. Yargoppal	B.com IV th sem	
23	Vijayalaxmi . K. Badiger	B.com III rd sem	
24	Aishawarya. Dhawad	B.com IV th sem	
25	Renuka. Bhosale	"	
26	Manjunath .B. MUKHALAKATTI	B.com IV th	

27	Shovanappa B. Bisanalli	B.A. 1st sem	~~Shovanappa~~
28	PRAVEEN M. BAIKOPPA	B.A. 1st sem	Praveen
29	Ganeshchand, J. meti	B. Com I Sem	~~Ganeshchand~~
30	Ashok. G. Dhaniyand	B. Com I Sem	Ashok
31	Sagar R. Halliketi	B. Com I Sem	~~Sagar~~
32	Praveen B. Keriwai	B.A. 1st year	~~Praveen~~
33	Abhishhek M. Badappa Navar	B. Com I 1st year	Abhishhek
34	Shivraj. M. Dodamani	B. Com I 1st year	Shivraj
35	Santosh. L. Rayapat	B.A. I 1st	~~Santosh~~
36	Sudeep P. S. Prayoppo Navar	B.A. I 1st	~~Sudeep~~
37	Akshay Avannavar	BA 1st	Akshay
38	Shambhuling Byaratti	B.A. 1st	S.V.B
39	Kalmesh. Koni	B.A. 1st	~~Kalmesh~~
40	Kalshik. M. K	B.A. 2nd	~~Kalshik~~
41	Kalmesh. M. Kammar	B.A. I 1st	~~Kalmesh~~
42	Vijay. V. Lamani	B.A. I year	Vijay
43	Dhoolappa. S. KAMADHENU	B.A. I year	Dhoolappa
44	Fakirresh. M. Nelliharavi	B. Com I 1st year	Fakirresh
45	Preeti. P. Hulihond	B. Com I year	Preeti
46	Tarisha. R. Bhajantari	B. Com I year	Tarisha
47	Ashwini. B. Bandivaddar	B. Com I	Ashwini
48	Preeti. S. Goudannavar	"	Preeti
49	Chaitanya J. Hiremath	"	Chaitanya
50	Nandita Valishetti	"	~~Nandita~~
51	Annapurna Rati	"	Annapurna
52	Aishwarya V. Dodamani	B.A. I 1st year	~~Aishwarya~~
53	Deepa. B. B. K	"	Deepa
54	Nagmeeri. M. M	B. Com I year	~~Nagmeeri~~
55	Swafna. S. V.	B.A. I 1st	Swafna
56	Marina. P. K	"	~~Marina~~
57			
58			
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Co-Ordinator
6/1/26

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